

Policy Code: 3530 Johnston County Public Schools' Wellness Policy

The Johnston County Board of Education believes that children need access to healthy foods and opportunities to be physically active in order to grow, learn, and thrive. Good health fosters student attendance and education. Therefore, Johnston County Public Schools is committed to providing school environments that promote and protect children's health, well being, and ability to learn by supporting healthy eating and physical activity. It is the policy of Johnston County Public Schools that:

To Achieve these goals the Johnston County Public Schools will provide guidance in the following areas:

I. School Health Councils

II. Nutritional Quality of Foods and Beverages Sold and Served on Campus

III. Nutrition and Physical Activity Promotion and Food Marketing

IV. Physical Activity Opportunities and Physical Education

V. Monitoring and Policy Review

Monitoring: The Superintendent will designate appropriate staff to ensure compliance with established district-wide nutrition and physical activity wellness policies. In each school, the School Improvement Team will ensure compliance with these policies in schools and will report on the school's compliance to the school district designees as required.

Policy Review: The school district will utilize the School Health Index as an assessment tool to establish a baseline and to monitor the progress annually. The School Health Advisory Council will assess its annual goals as an additional avenue to monitor progress of wellness issues annually.

Adopted: July 13, 2006

JOHNSTON COUNTY PUBLIC SCHOOLS
